



Thai Save Thai :ThaiSaveThai for Thailand: For Safe Household and COVID-19 Free Workplace

Name	Organization name
Last name	Division/Group/Sector
Date of the first assessment	Phone number

Please fill in the dates in the top row and assess the risk during the past 14 days. If you have any history relevant to the items on please put a checkmark (✓) in the date column on the right-hand side. If you don't have any relevant history, do not put any marks

Item	Risk Factors	Date.....	Date.....	Date.....	Date.....	Date.....	Date.....	Date.....
1	You have a history of exposure to a confirmed case of COVID-19 and have one of the following symptoms: fever, coughing, runny nose, sore throat, loss of smell, loss of taste, difficulty in breathing, dry throat, fatigue, aching, and diarrhea.							
2	(1) You have one of the following symptoms: fever, coughing, runny nose, sore throat, dry throat, fatigue, aching, diarrhea; AND (2) You have been to one of the following risk locations : Righ-risk provinces announced by the government / crowded places or / places where people drink and eat, not wearing masks, talk and sing loudly, and shout/ places where people do activities in buildings/vehicles that are non-ventilated; AND (3) You have one of the following behaviors: have been in contact with other people with a distance of less than 1 meter/ for longer than 1 hour / mostly not wearing a mask/ do not wash hands after touching objects If you have all of the above 3 items, please put a checkmark (✓) in the date column.							
3	You lose your sense of smell or taste.							
4	You have difficulty in breathing/shortness of breath, chest pain, and fatigue to the extent that you lose the ability to speak as normal.							
5	You have a result of oxygen saturation (O2 sat) of lower or equal to 95%							
6	You have an abnormal lungs X-ray result.							

Summary of the risk assessment

Very high risk means you have a history in item no. 1. Please put a checkmark in the date column.
High risk means you have some history in items no. 2 - 6. Please put a checkmark in the date column.
Moderate - Low risk means you don't have any relevant history in items no. 1 through 6. Please do not put a checkmark in the date

Advice for practice

Very high risk : You are advised to stop working immediately. Contact a hospital for isolation in a hospital.
High risk : You are advised to stop working, practice self-isolation, and get a confirmation test by a hospital. You may consider
Moderate - Low risk : You can go to work as normal. There is no need to quarantine. As you may not be infected, or infected